

# TMJ Benefit Review

## Medical Policy

### *Utilization Management*

Date Approved:	01/01/2026
Date Last Reviewed:	01/01/2026
Original Date Created:	01/01/2026
Departments:	Utilization Management
Products:	MyAdvocate Medicare Advantage
Key Words:	mandate, oral surgery, dental, jaw, mouth

#### **I. DEFINITION:**

**Temporomandibular joint (TMJ)** disorder causes pain in the jaw joint or in the muscles that move the jaw. MyAdvocate Medicare Advantage provides benefits for the treatment of temporomandibular joint disorders.

#### **II. MEDICARE ADVANTAGE:**

##### **No prior authorization is required.**

The member must meet clinical criteria when claim is submitted or payment could be impacted.

Medicare does not have a National Coverage Determination (NCD) for arthrocentesis related to the treatment of temporomandibular joint (TMJ) disorders. Local Coverage Determinations (LCDs) do not exist at this time. LCDs specific to this procedure for the treatment of TMJ disorder do not exist at this time.

Refer to Medicare payable codes.

#### **III. COMMENTS:**

[TMJ Benefit Review Coding and Packaging Guidelines](#) (For MyAdvocate Medicare Advantage internal use only)

#### **IV. REFERENCES:**

Nebraska Statute 44-789 Coverage for bone or joint treatment;

requirements:

<https://nebraskalegislature.gov/laws/statutes.php?statute=44-789>